



INSTYTUT  
NA RZECZ  
EKOROZWOJU



COMMUNITY  
ENERGY PLUS



# Starogard Gdański

## 30.06.2015

# Zielone Kociewie

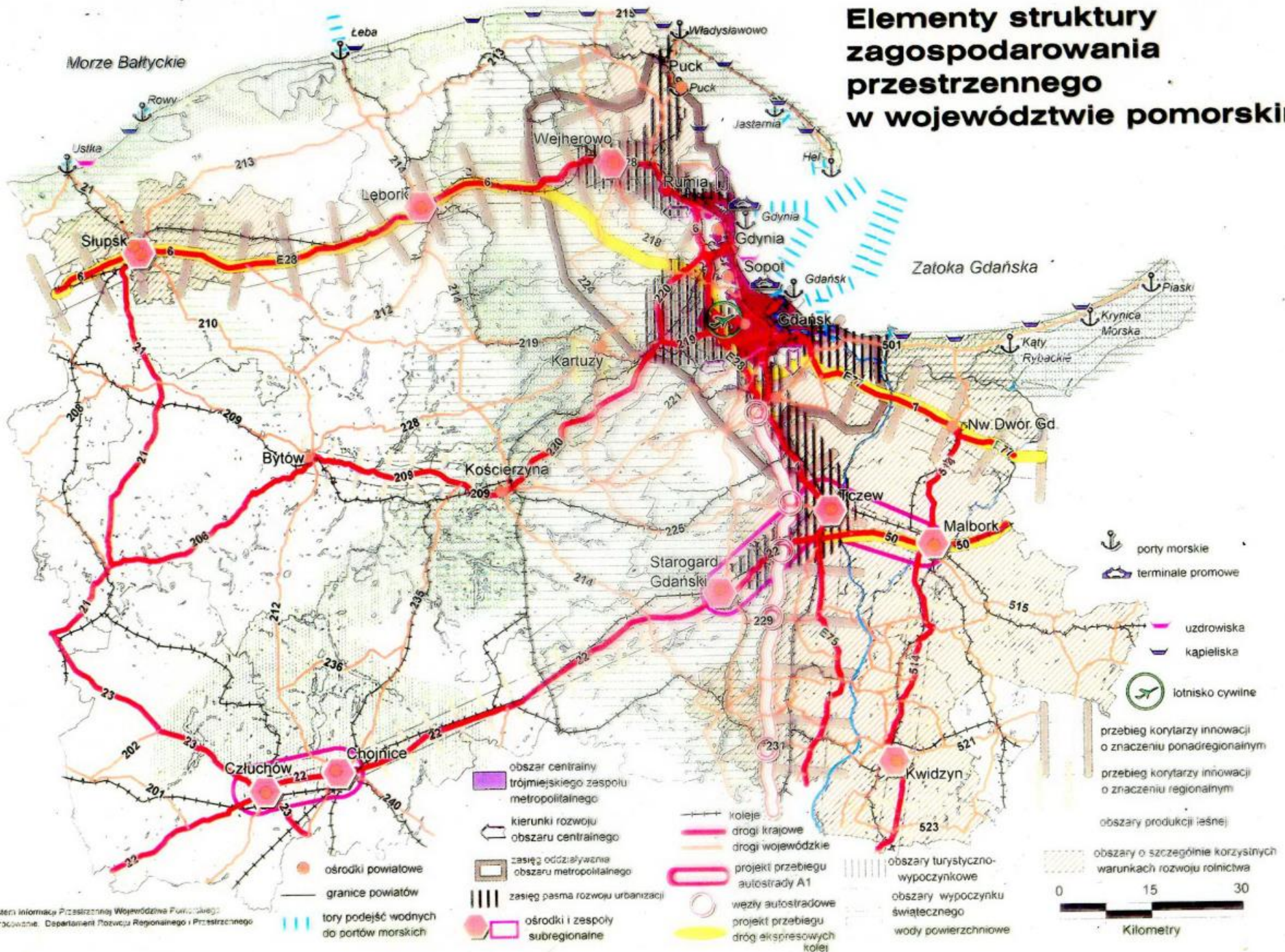
# 2030



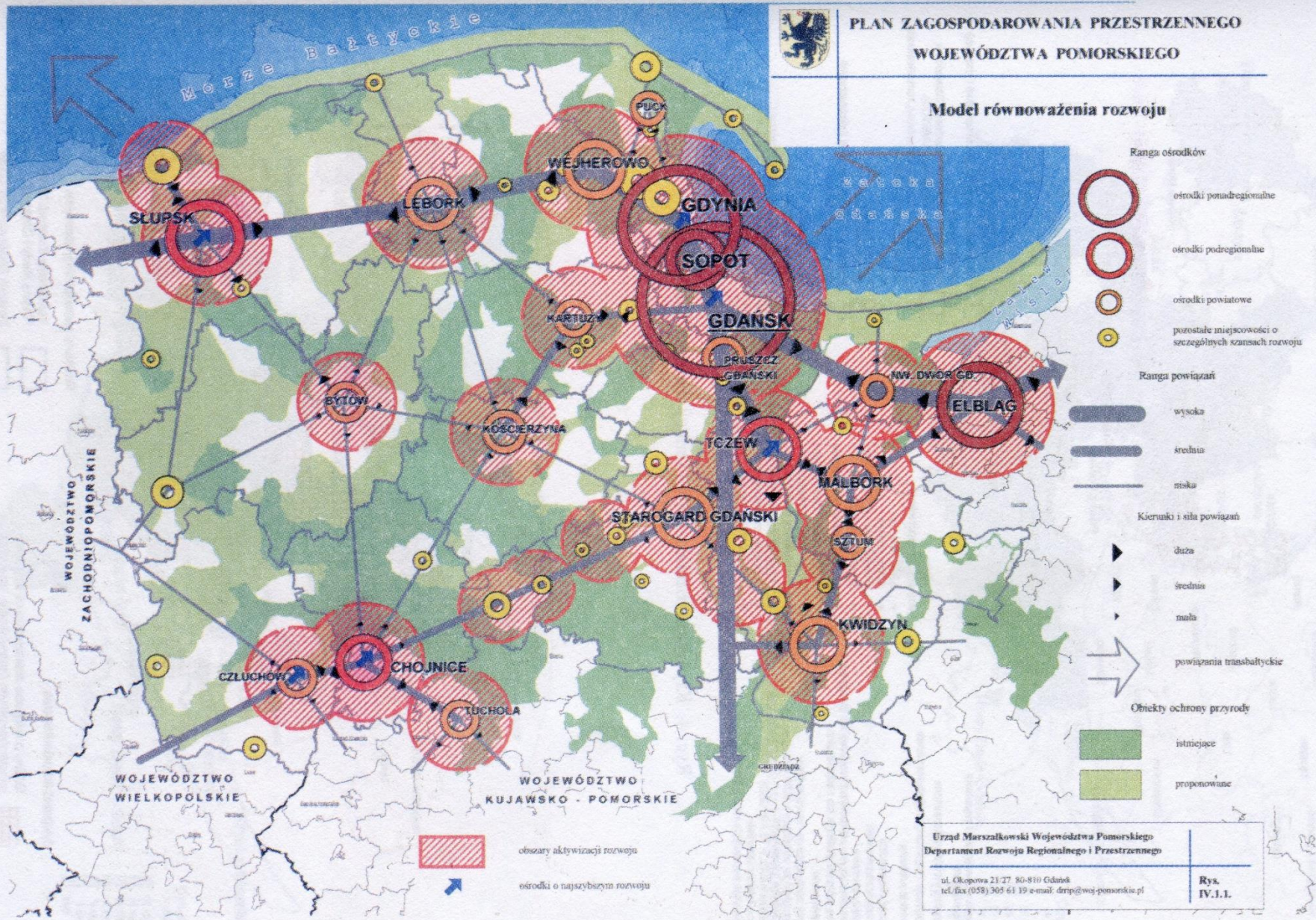
Projekt realizowany przy wsparciu finansowym instrumentu finansowego LIFE+ Komisji Europejskiej oraz Narodowego Funduszu Ochrony Środowiska i Gospodarki Wodnej



# Elementy struktury zagospodarowania przestrzennego w województwie pomorskim





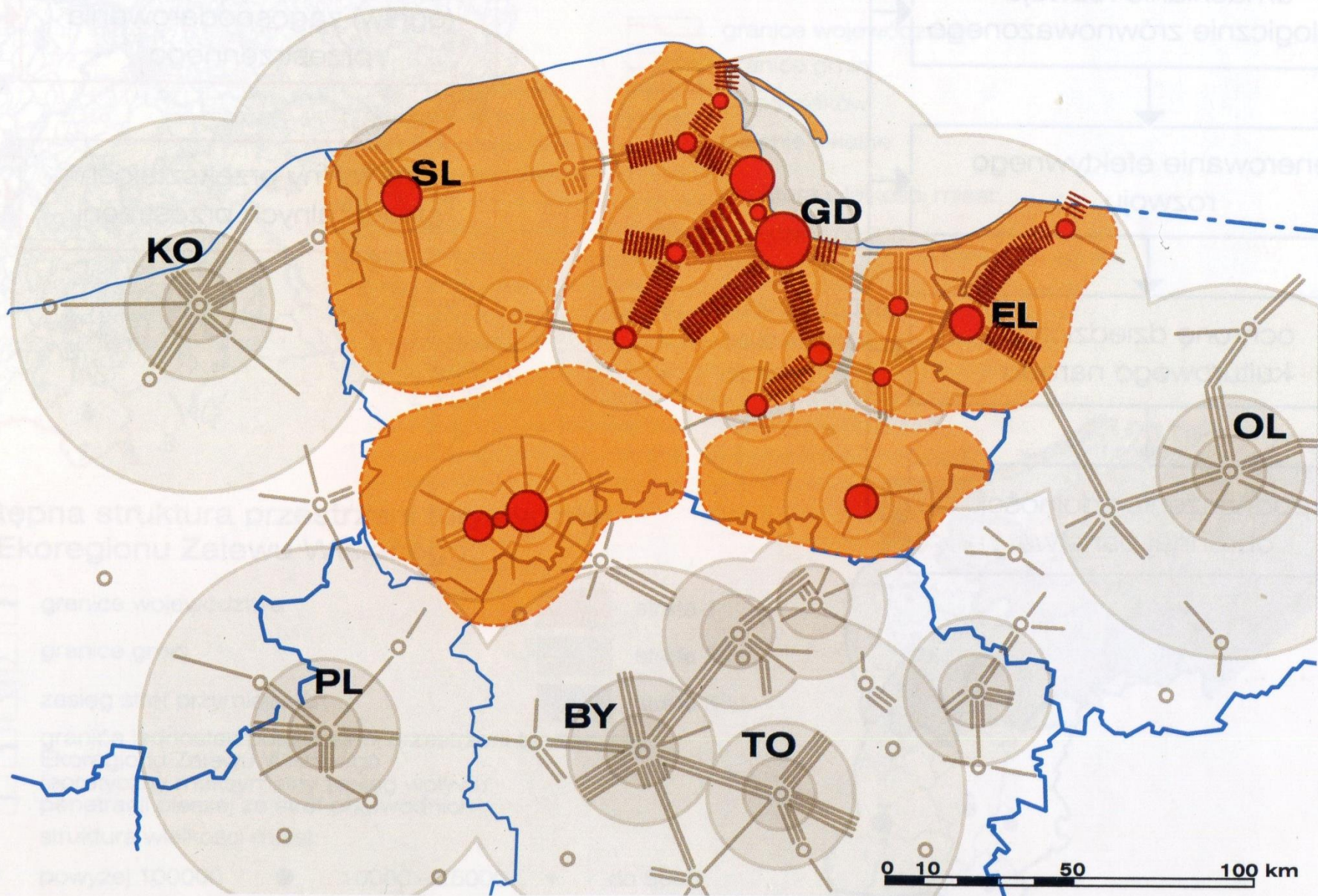


Ryc. 3. Model zrównoważonego rozwoju województwa pomorskiego.

Źródło: Plan zagospodarowania przestrzennego województwa pomorskiego (Rys. IV.1.1).



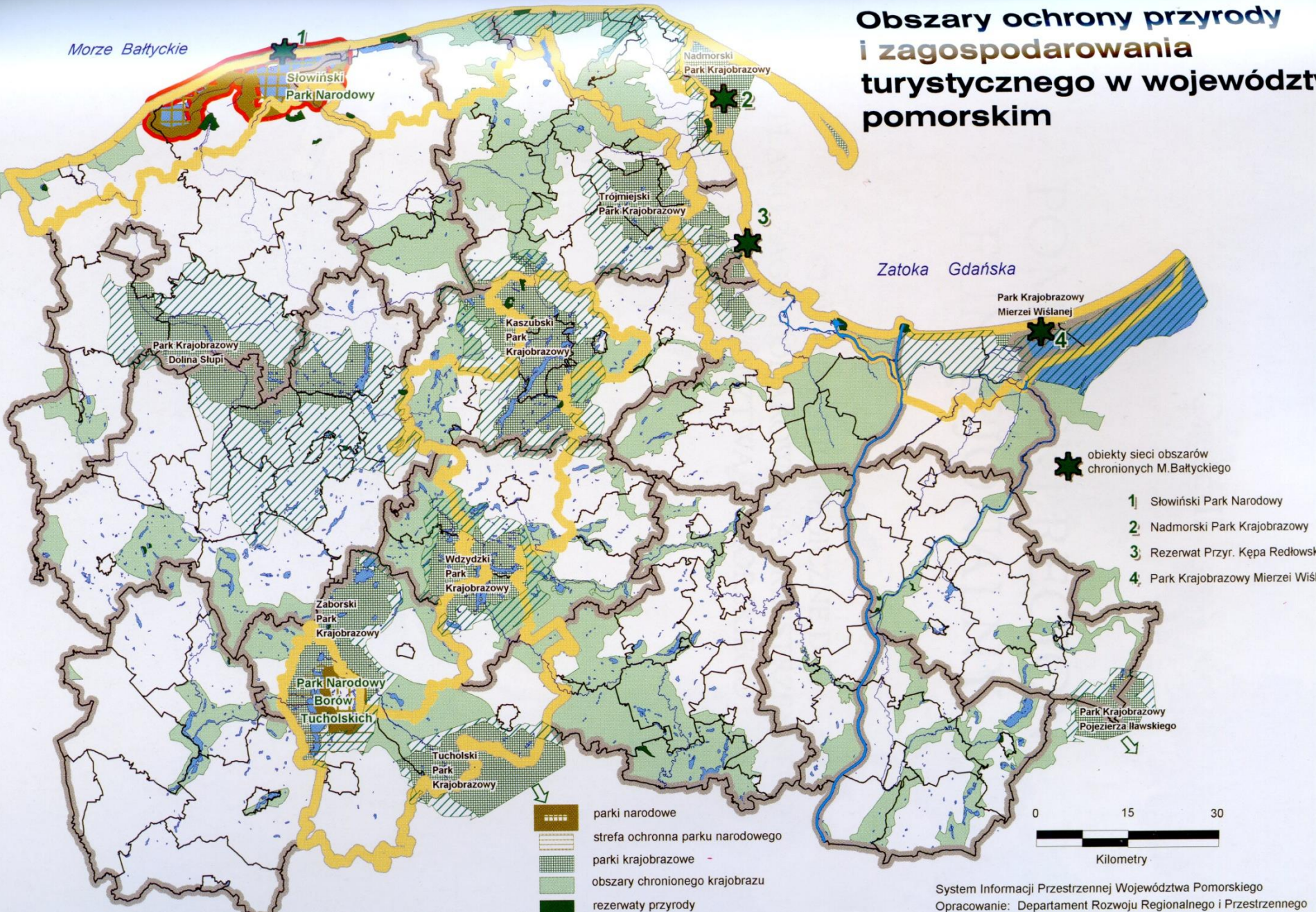
# Policentryczny model Pomorskiego Regionu Metropolitalnego





# Obszary ochrony przyrody i zagospodarowania turystycznego w województwie pomorskim

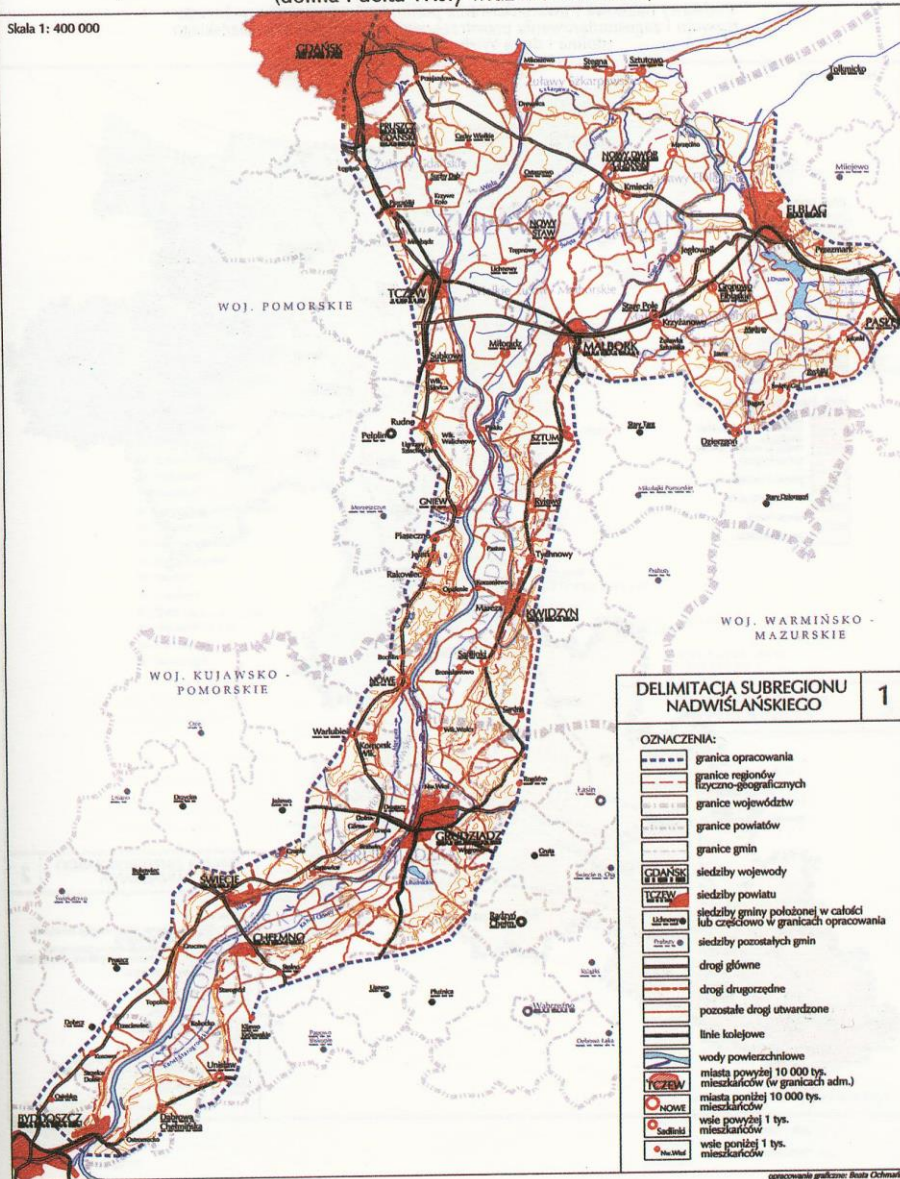
Morze Bałtyckie





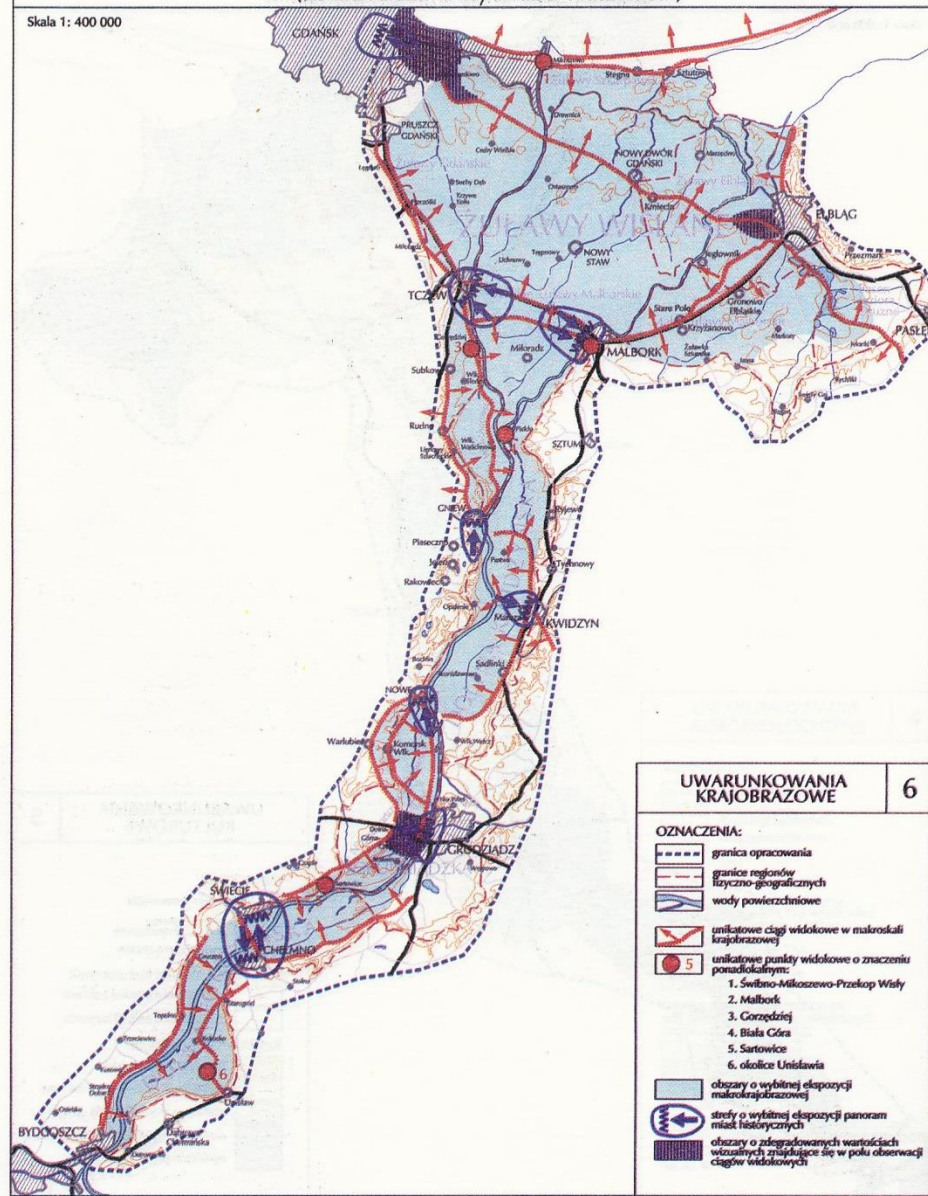
Podstawy naukowe i uwarunkowania polifunkcyjnego zrównoważonego rozwoju i zagospodarowania przestrzennego subregionu nadwiślańskiego (dolina i delta Wisły wraz z otoczeniem)

Skala 1: 400 000



Podstawy naukowe i uwarunkowania polifunkcyjnego zrównoważonego rozwoju i zagospodarowania przestrzennego subregionu nadwiślańskiego (dolina i delta Wisły wraz z otoczeniem)

Skala 1: 400 000





**Środowisko - gospodarka – społeczeństwo**  
*(triple bottom line)*

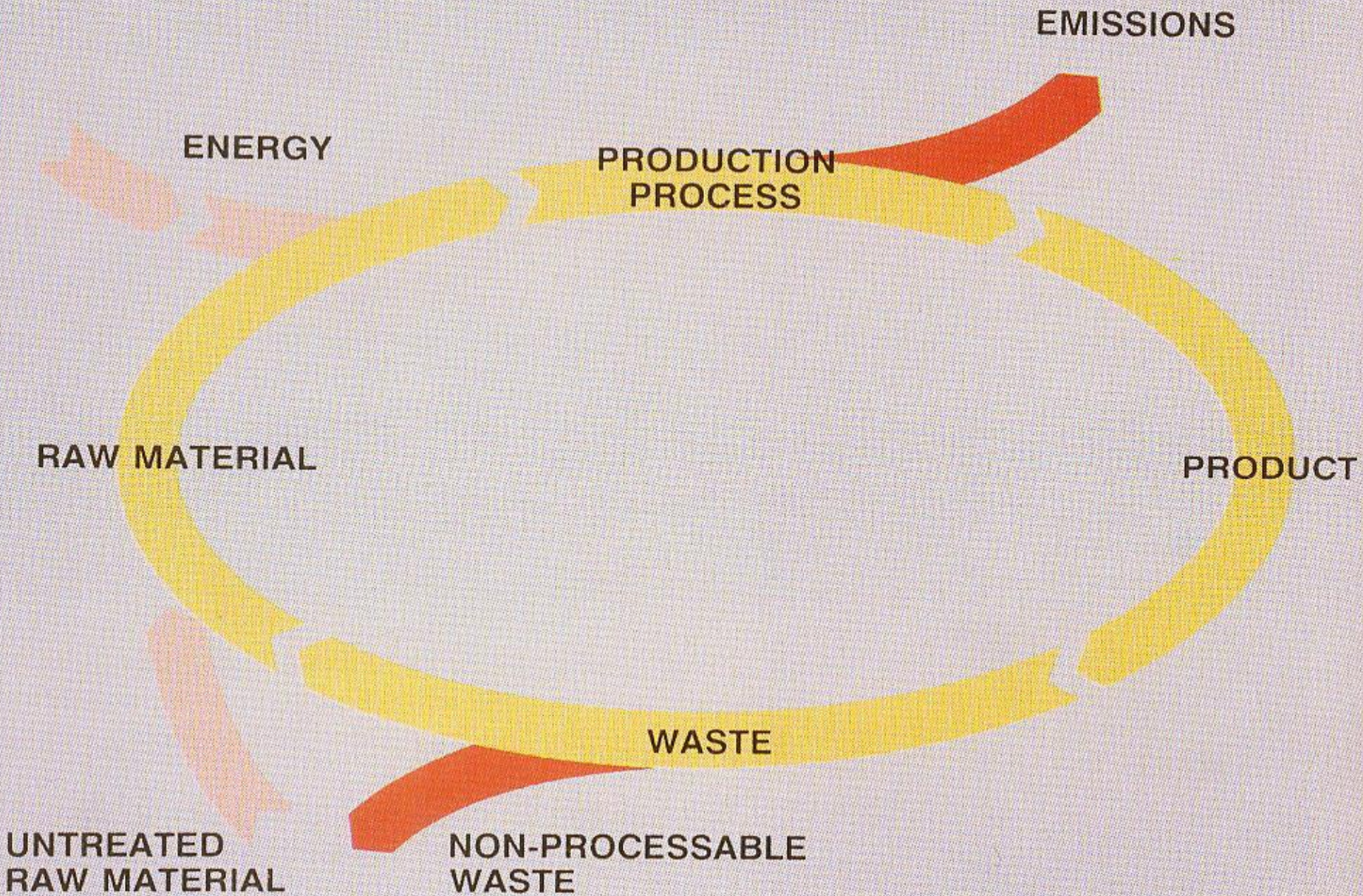
**Podejście sieciowe**  
*(nexus approach)*

**Planowanie i projektowanie zintegrowane**  
*(integrated planning & design)*

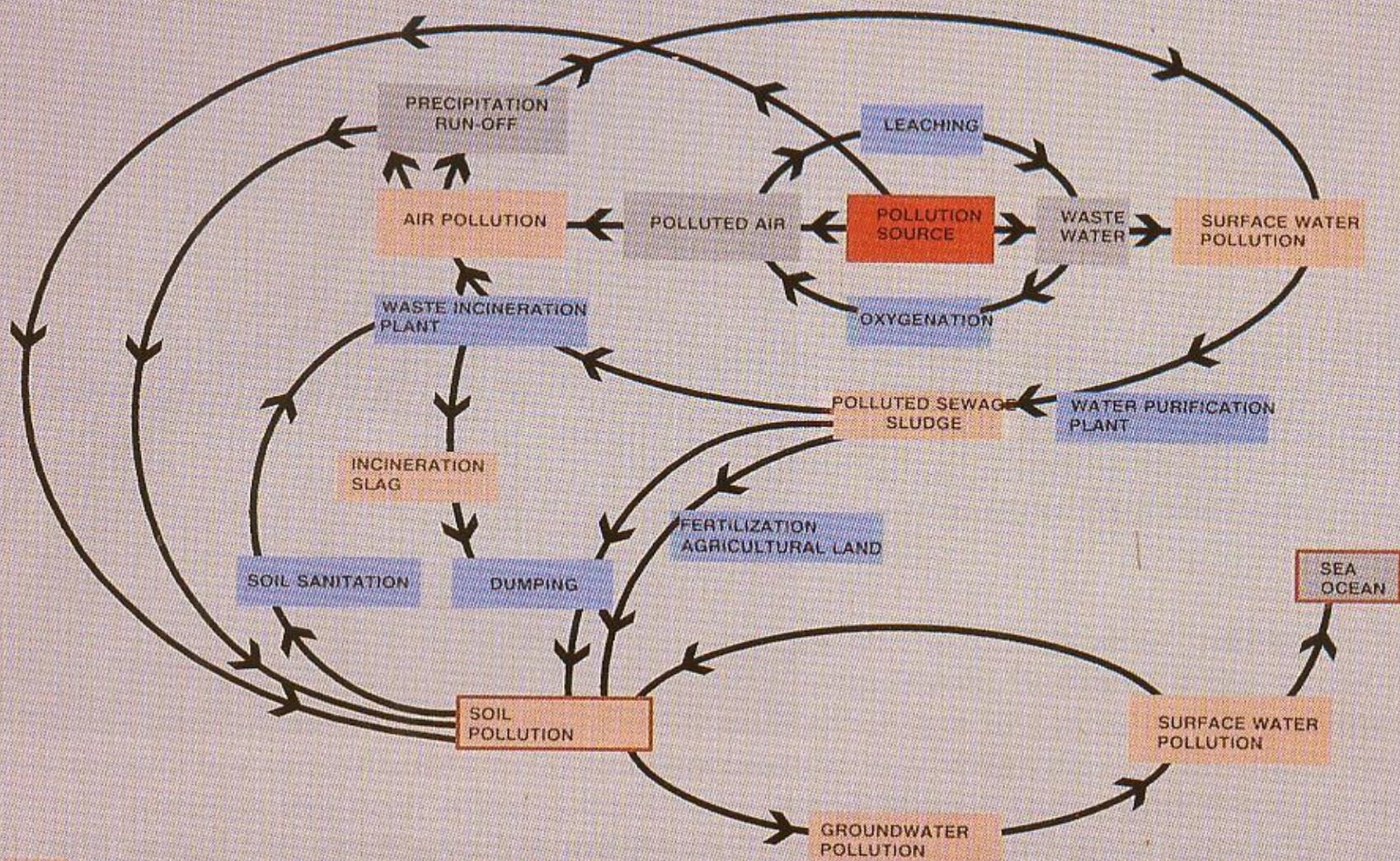
**Zarządzanie hierarchiczne czy sieciowe**  
*(network governance)*

**Świadomość społeczna i uczestnictwo**  
*(public awareness and participation)*



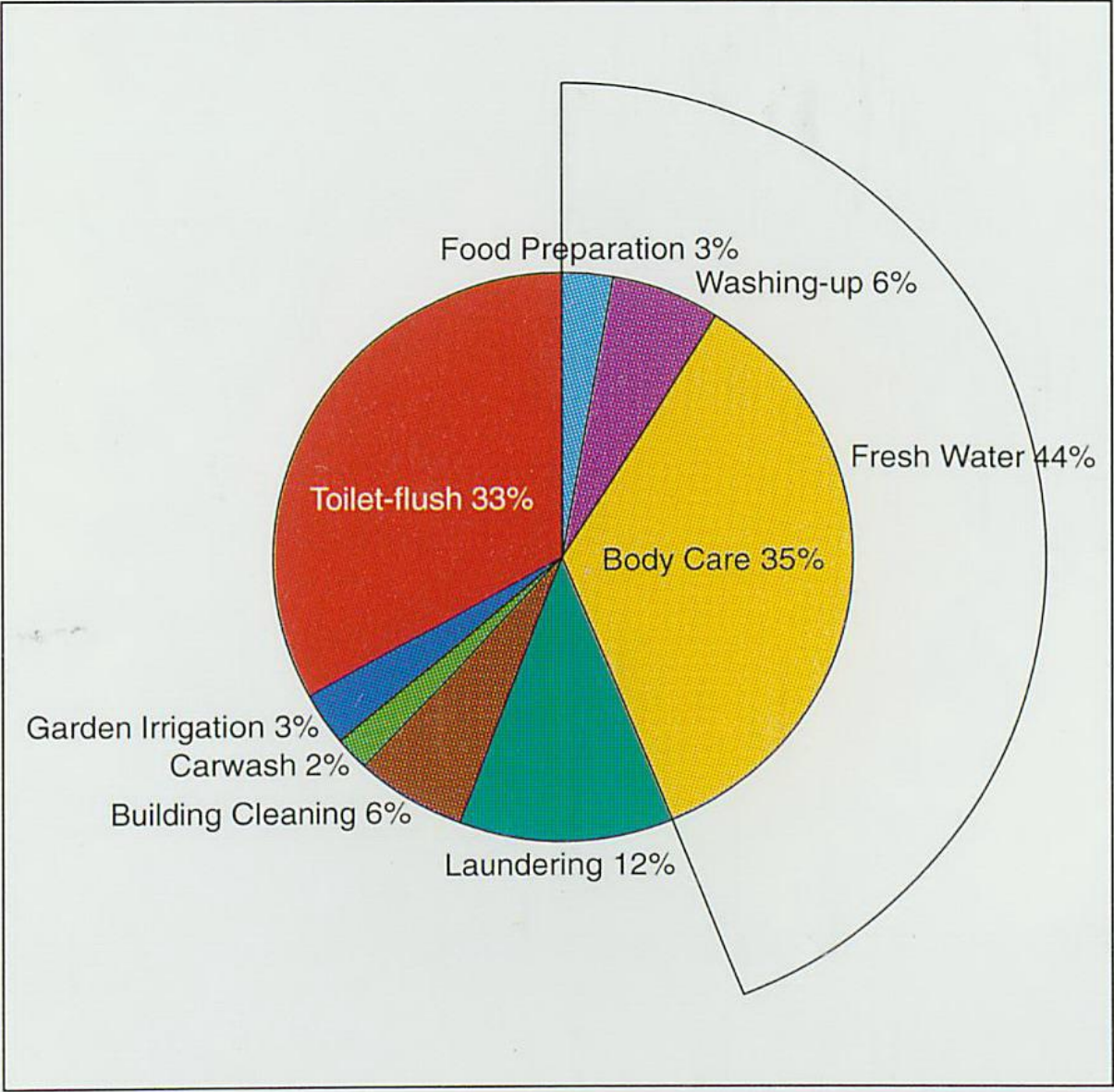




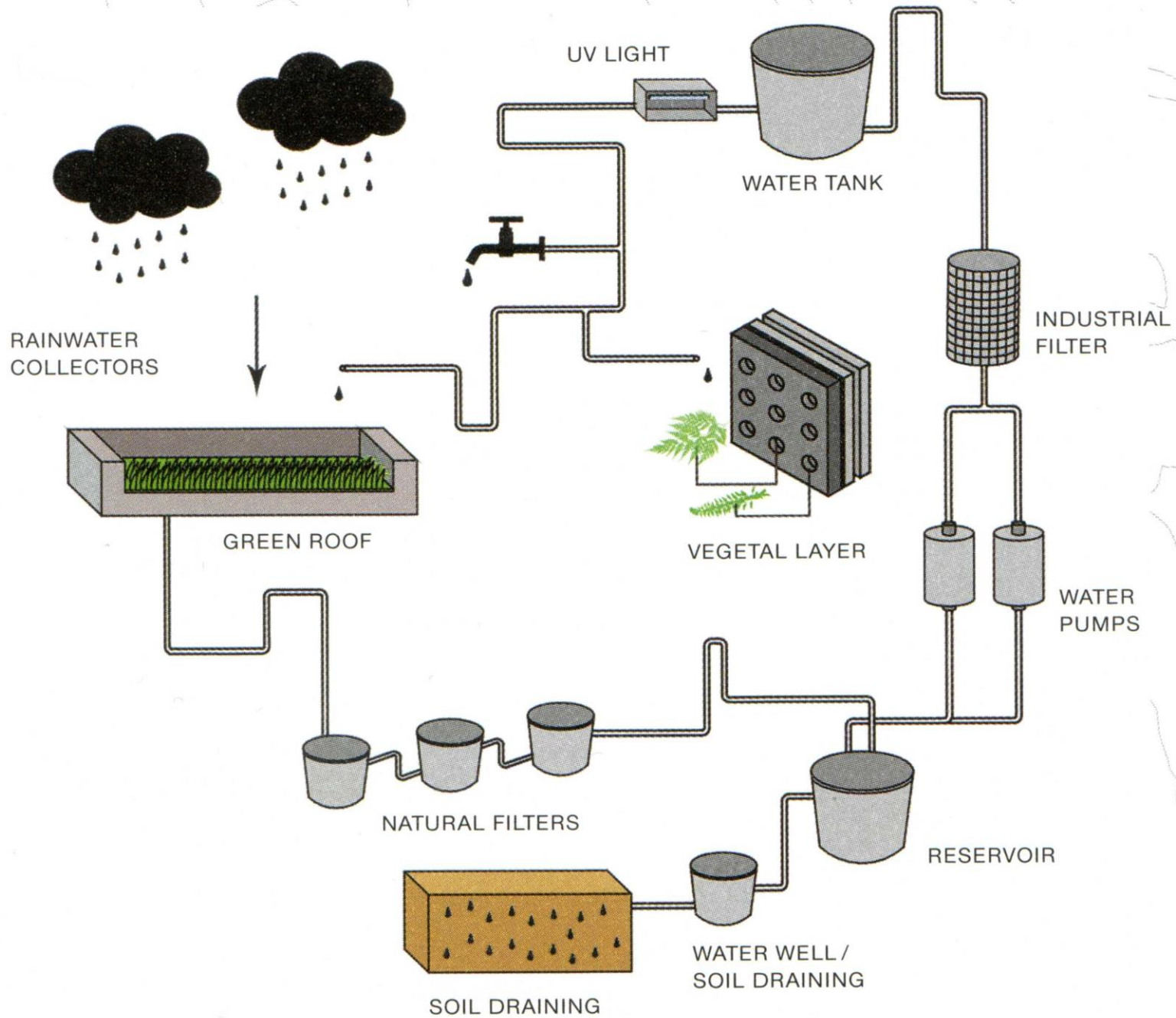


- STEPS IN DIFFUSION OF POLLUTION
- MEASURE
- ACCUMULATION











A graphic summary of the 2002 report

# City Limits

## A resource flow and ecological footprint analysis of Greater London

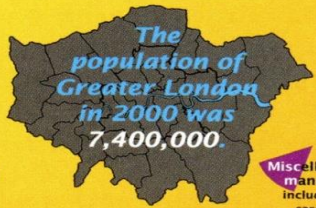
In the year 2000 London consumed

49 million tonnes of materials and 154,407 GigaWatt hours (GWh) of energy (or 13,276,000 tonnes of oil equivalent). This produced 41 million tonnes of carbon dioxide. Less than 1% of London's energy came from renewable sources.

6.9 million tonnes of food was consumed in London in 2000, of which 81% was imported from outside the UK.

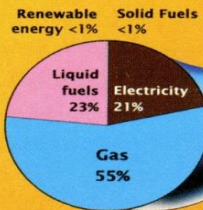
Download or order the full report from the City Limits website:

[www.citylimitslondon.com](http://www.citylimitslondon.com)



### Energy inputs (tonnes of oil equivalent)

13,276,000 tonnes

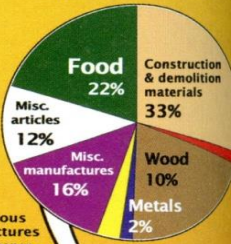


Water consumption reached 866,000,000,000 litres of which was leakage.

28%

### Imports

25,029,000 tonnes

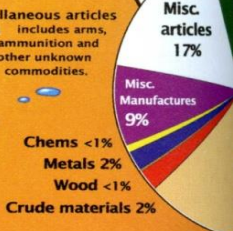


Miscellaneous manufactures includes paper, card, textiles, leather and clothing.

### Production

(including reprocessed materials)

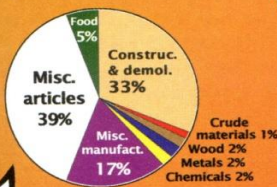
38,100,000 tonnes



Miscellaneous articles includes arms, ammunition and other unknown commodities.

### Exports

14,076,000 tonnes



### Stock

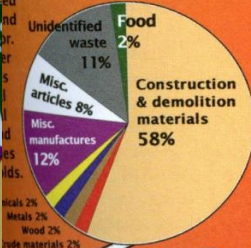
16,442,000 tonnes



Materials in the economy includes roads.

### Waste

26,273,000 tonnes

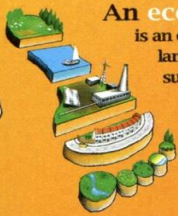


Of household waste: 71% was landfilled, 20% incinerated & 9% was recycled.

Recycled

### An ecological footprint

is an estimation of the area of land and sea needed to sustainably provide all the energy, water, food and other materials that we consume.



Ecological Footprint of Londoners

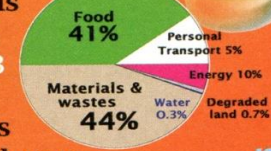
49 million global hectares (gha)

This is 293 times its actual size, and 42 times its biocapacity. Its an area as big as the size of Spain.

The ecological footprint of London's tourists was estimated at 2.4 million gha - an additional 0.32 gha per Londoner.

biocapacity 1,210,000 gha

The piechart below shows the components:



Were every person in the world to consume at this rate we'd need at least three planets!

This is equal to 6.63 global hectares per Londoner.

The UK average is 6.3 gha per person. The global 'earthshare' is 2.18 gha per person, but this will drop to about 1.44 gha by 2050.

Not all of the footprint is directly attributable to individual action. Government, businesses and others all have an impact.



City Limits used a range of Business-as-usual and Evolutionary scenarios to reflect current practice and existing improvement targets. Revolutionary scenarios were also created to show that a combination of lifestyle and technological changes could achieve interim sustainability targets for 2020.

For Londoners to be sustainable by 2050 their ecological footprint will need a 35% reduction by 2020 and 80% by 2050.

Prepared by Best Foot Forward

Bringing sustainability down to earth

[www.bestfootforward.com](http://www.bestfootforward.com)





REDUCE



REUSE

RECYCLE

## An easy household guide

by Nicky Scott

Illustrated by Axel Scheffler



ograniczyć

ponownie wykorzystać

przetworzyć

Przewodnik dla  
gospodarstwa domowego



# Ecological footprint for UK lifestyle in hectares per person

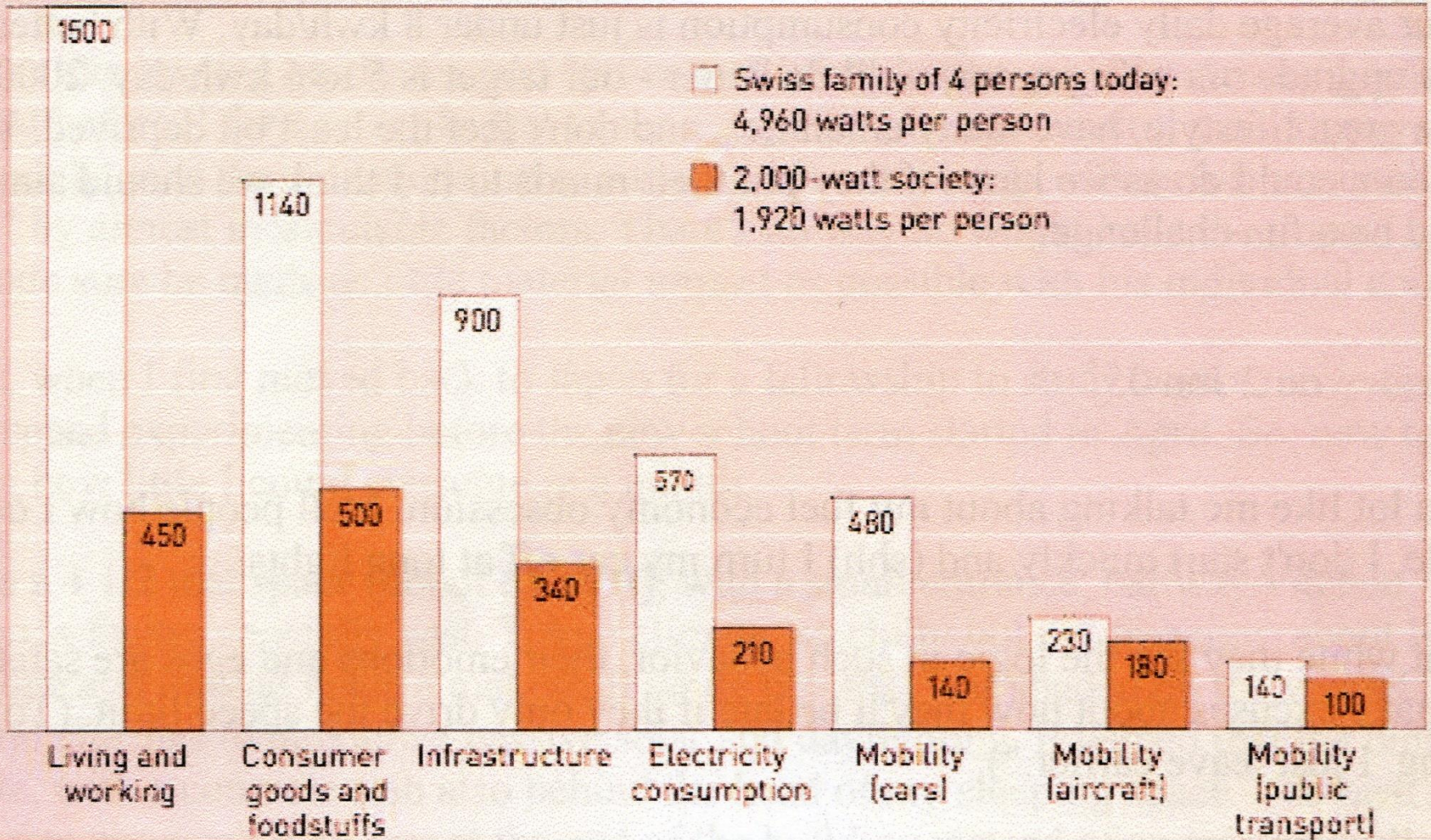
Based on a 4-person household

		Car mileage		Public transport	Air travel	Electricity & Gas	Water	Domestic Waste	Office Footprint <i>energy &amp; paper</i>	Food <i>inc. transport but not packaging</i>	Overall Eco-Footprint		
<b>Typical UK lifestyle</b>	Owns car Holidays by plane every year Recycles 11% Eats out-of-season, highly packaged, imported food	0.90 <small>10,000 km/yr</small>	0.41	0.00	0.30	0.45 <small>Walk food shop inc credit for local direction</small>	0.002 <small>10 litres / day</small>	1.70	0.60 <small>Non-recyclable energy &amp; vinyl paper</small>	1.63	<b>6.19</b>		
<b>BedZED Conventional lifestyle</b>	Owns a car & commutes to work by public transport Holidays by plane every year Recycles 60% Minimise meat eating & some imported food	0.45 <small>5,000 km/yr</small>	0.32	0.30	0.30	0.10 <small>Walk food shop inc credit for local direction</small>	0.001 <small>11 litres / day</small>	1.02	0.60 <small>Non-recyclable energy &amp; vinyl paper</small>	1.06	<b>4.36</b>		
<b>BedZED Ideal</b>	Lives & works at BedZED Recycles office paper No car - ZEDcare club member Holidays by plane every 2 years Recycles 80% at home Low meat diet with local fresh food	0.09 <small>1,000 km/yr</small>	0.04 <small>20 people per club car</small>	0.30 <small>4,000 km/yr</small>	0.15	0.10 <small>Walk food shop inc credit for local direction</small>	0.001 <small>11 litres / day</small>	0.34	0.16 <small>Join ZEDcare club office paper reduce</small>	0.72	<b>1.90</b>		
<b>Global Average</b>											<b>2.40</b>		
<b>Global Available</b>	Leaving 10% of bio-productive land for wildlife										<b>1.90</b>		

- what right do we have to consume more than our fair share of limited international resource ?



## Energy requirement in watts



# 2000 Watt Society





**Jestem za, a nawet ... przeciw!**



“Każdy może wszystko osiągnąć i zostać, kim chce. Trzeba się tylko uwolnić od ograniczeń i przymusu





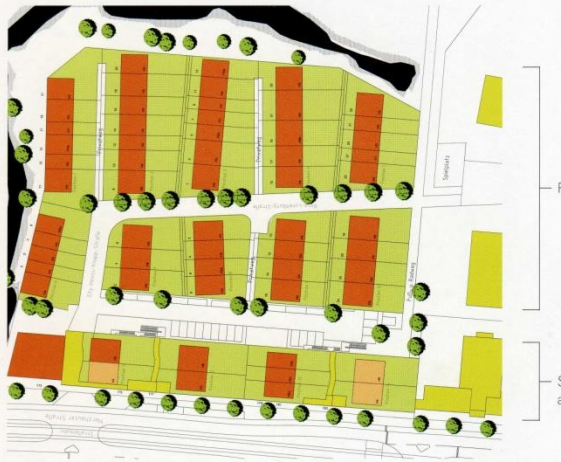








# Plans, sections, diagrams



Site plan

Project location:  
**Freiburg, Germany**

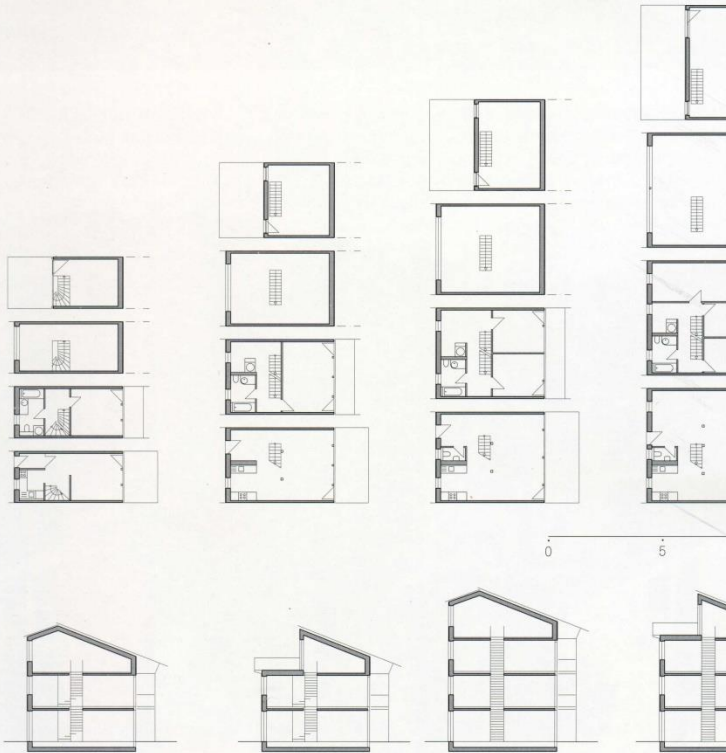
Wind data location:  
**Freiburg, Germany**

N

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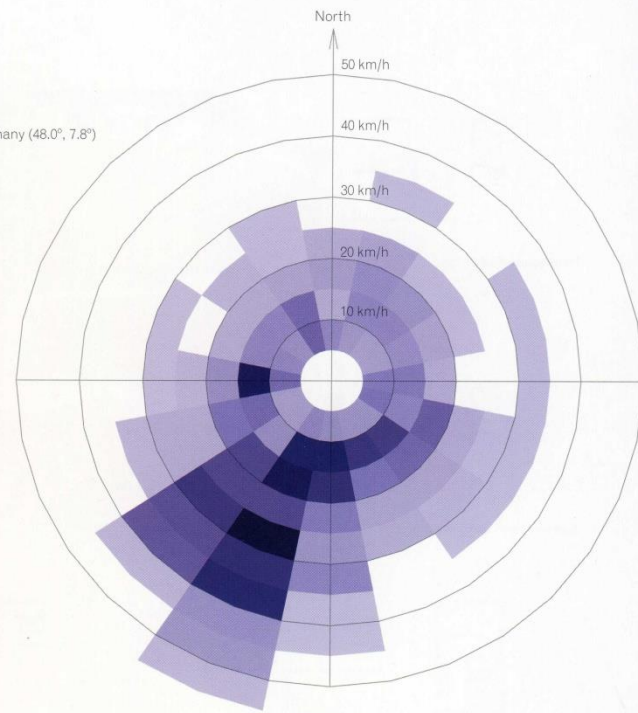
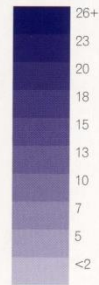
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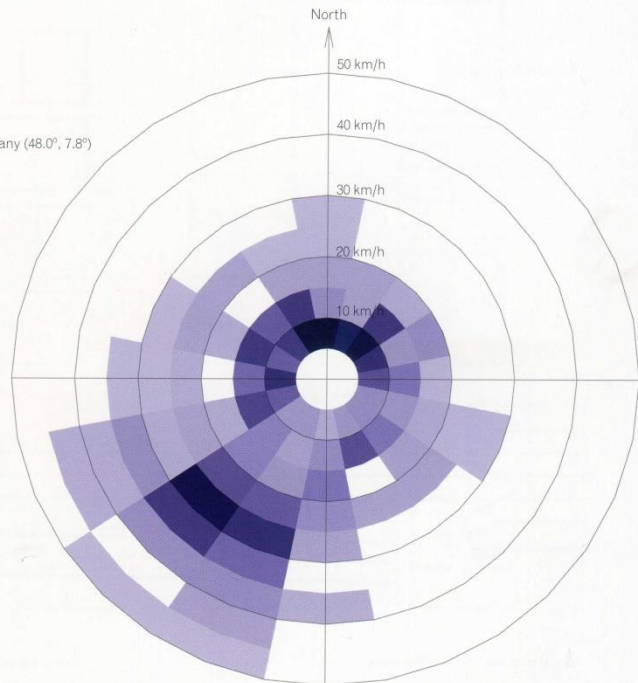
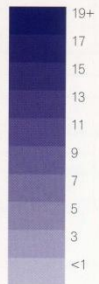
Sample floor plans and sections of row houses

# Wind studies

Prevailing winds  
**March**  
Wind frequency (hours)  
Location: Freiburg, Germany (48.0°, 7.8°)  
Time: 00:00-24:00



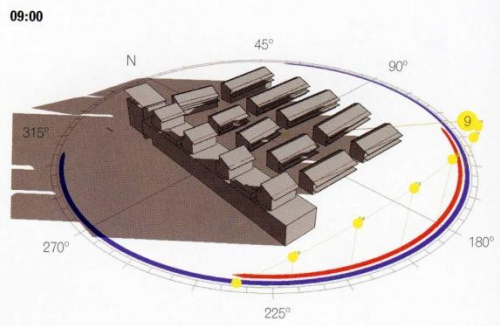
Prevailing winds  
**September**  
Wind frequency (hours)  
Location: Freiburg, Germany (48.0°, 7.8°)  
Time: 00:00-24:00



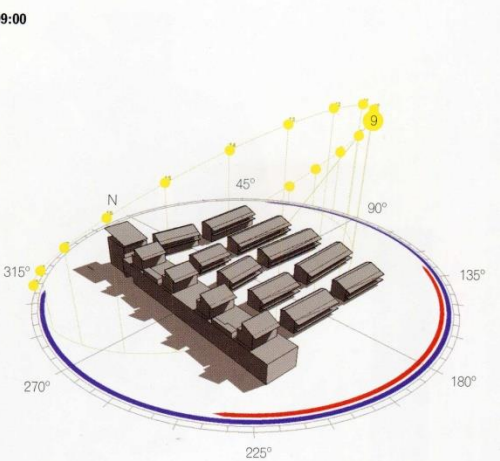
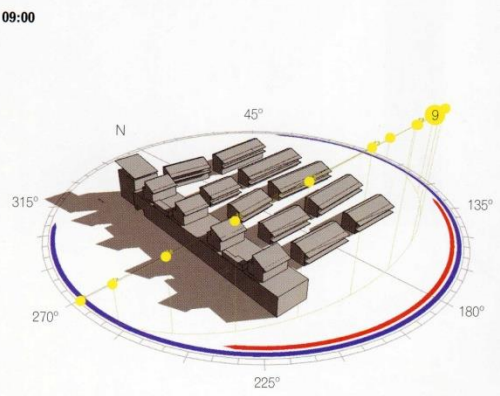


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ber



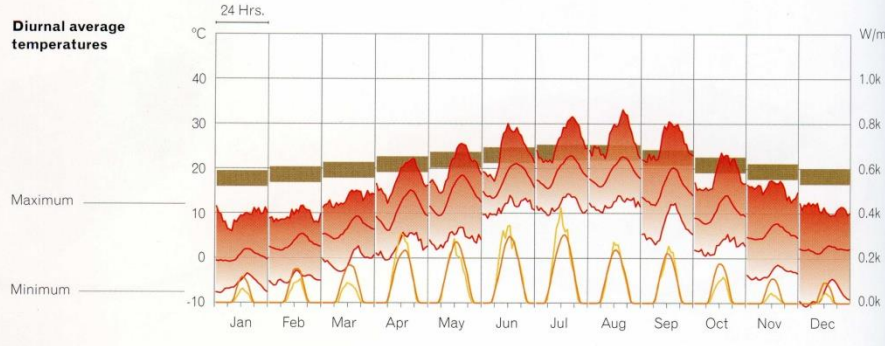
/September



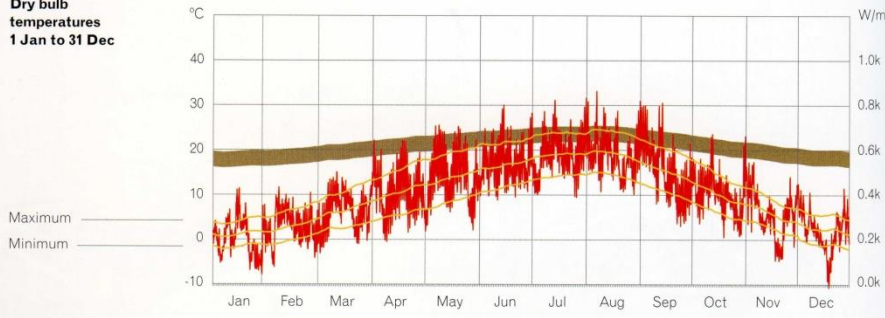
# Climate data

Project location:  
**Freiburg, Germany**  
Climate data location:  
**Freiburg, Germany**

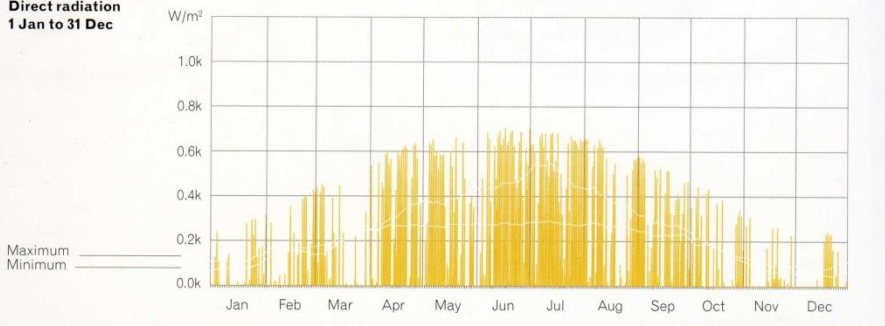
## Diurnal average temperatures



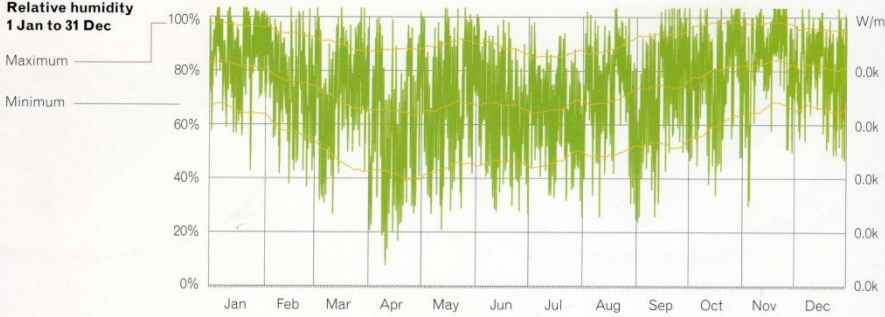
## Dry bulb temperatures 1 Jan to 31 Dec



## Direct radiation 1 Jan to 31 Dec



## Relative humidity 1 Jan to 31 Dec



- Temperature (°C)
- Relative humidity (%)
- Wind speed (W/m²)
- Direct aolar (W/m²)
- Diffuse aolar (W/m²)
- Cloud cover (%)
- Thermal neutrality



(18°C and 65°F base temperature; average 5 years)

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Cooling Degree Days: 227 cooling degree days °C (375 cooling degree days °F)

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Conservation strategies: Modest-sized units; thermal and luminous zoning PDi

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Passive solar strategies: Direct solar gain, daylighting, operable windows, cross ventilation, solar shading

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Active solar strategies: Photovoltaic system, solar hot-water thermal system

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Other renewable energy strategies: None

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High-performance strategies: High-performance building envelope, triple glazing, heat recovery from facade-integrated ventilation components, high-performance ventilation system, energy-efficient appliances and lighting systems, neighborhood woodchip heat and power plant

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## ance profile <sup>14</sup>

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Total annual building energy consumption: Sonnenschiff: estimated 10–20 kWh/m<sup>2</sup>/yr (3.2–6.3 kBtu/sq ft)  
Plusenergie®haus: estimated 10–15 kWh/m<sup>2</sup>/yr (3.2–4.8 kBtu/sq ft)

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Total annual on-site energy produced: Not available

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Size of photovoltaic system: Estimated total: 455 kW (112 kW for Sonnenschiff; 333 kW for 50 Plusenergie®haus)<sup>15</sup>

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Size of solar thermal system: evacuated tube solar hot-water heating for domestic hot water (size not available)

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Carbon dioxide emissions: Not available

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EXPOSED  
THERMAL  
MASS



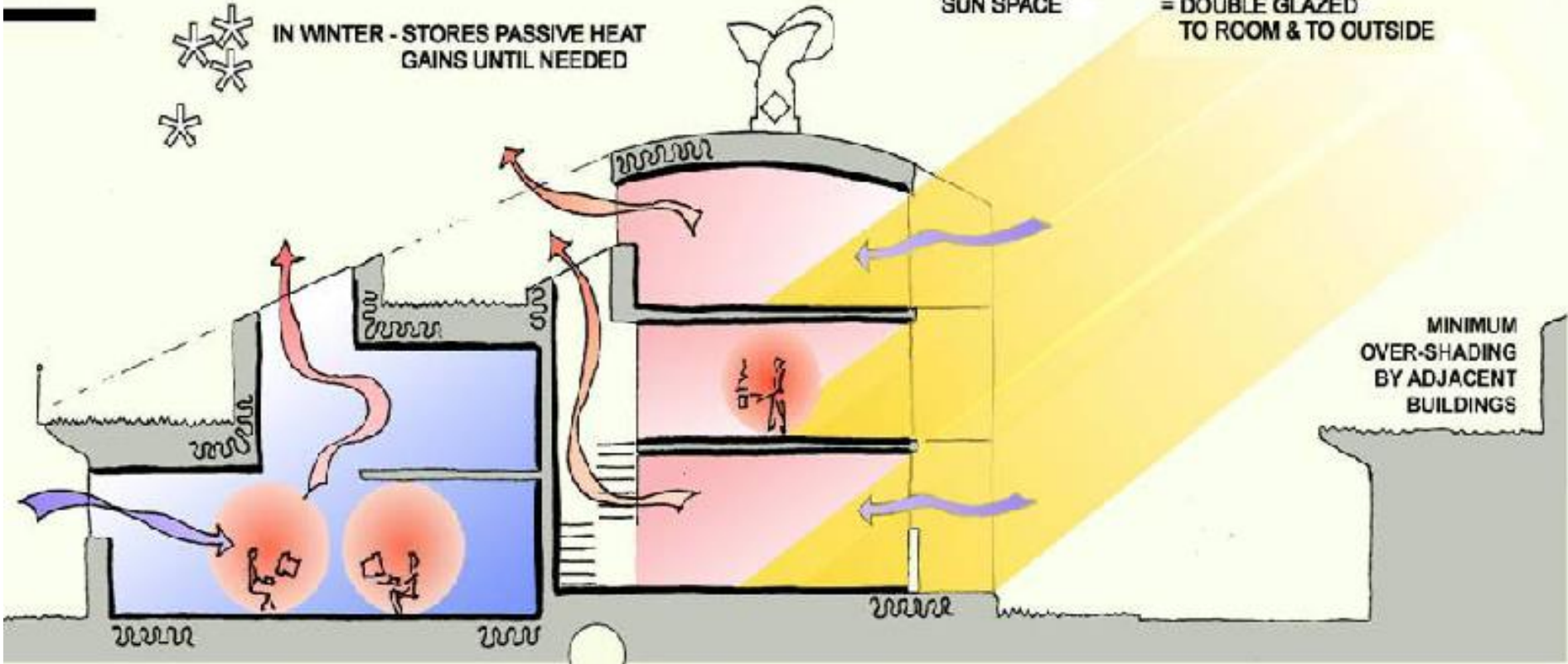
IN SUMMER - PRODUCES COOLING



IN WINTER - STORES PASSIVE HEAT  
GAINS UNTIL NEEDED

HIGHLY INSULATED  
WINDOWS  
AIRTIGHTNESS  
SUN SPACE

- = 0.1W/m<sup>2</sup>k
- = TRIPLE GLAZED
- = 2 AC/HR @ 50Pa
- = DOUBLE GLAZED  
TO ROOM & TO OUTSIDE



WORK

CIRCULATION

HOME

SUN SPACE

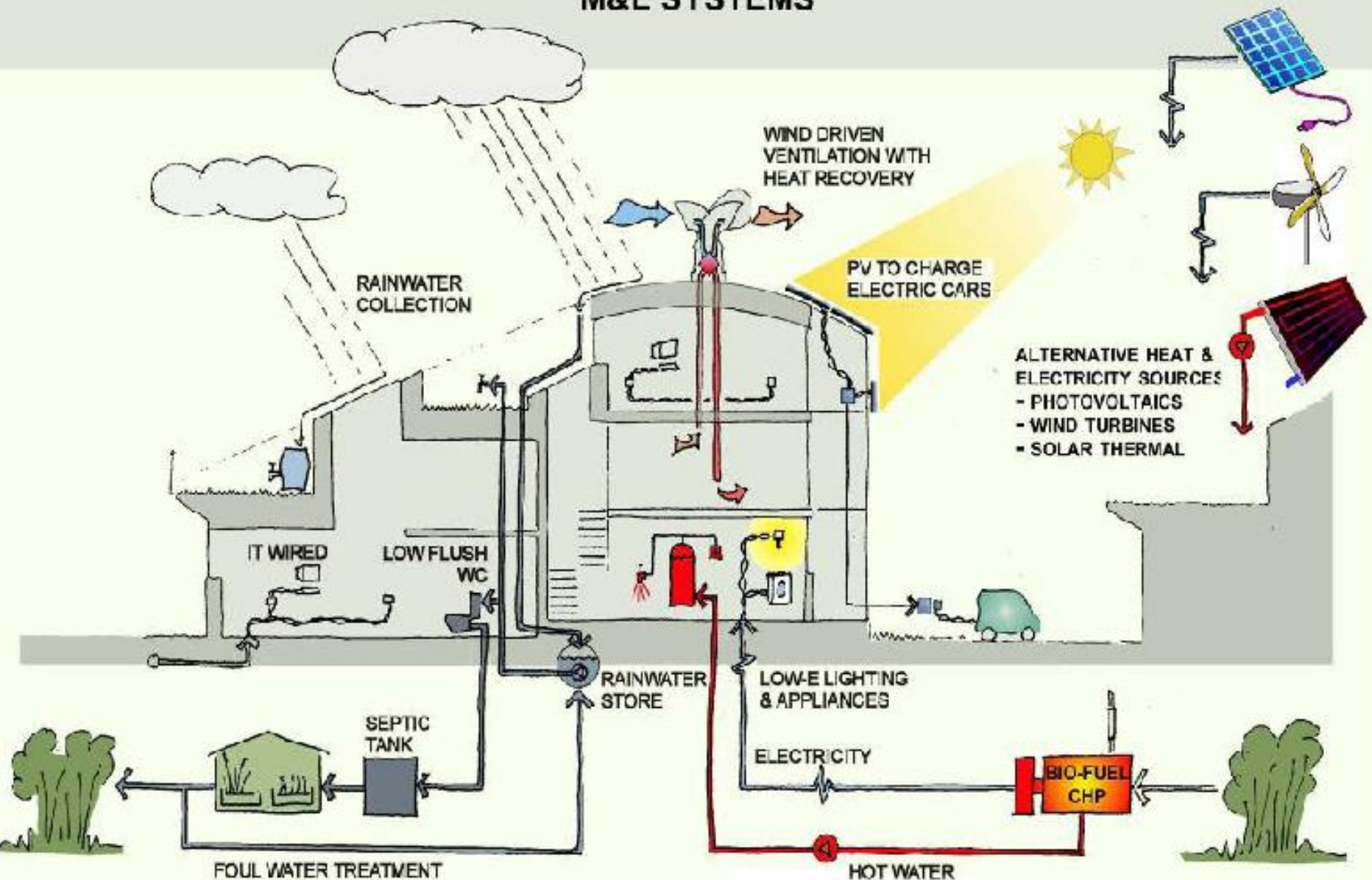


NORTH FACING WINDOWS  
GOOD DAYLIGHT  
MINIMUM SOLAR HEAT GAIN

EXTENSIVE SOUTH FACING GIVING  
GOOD, PASSIVE SOLAR HEAT GAIN  
GLAZED BUFFER SUN SPACE.  
MINIMUM NORTH GLAZING FOR  
DAYLIGHT.

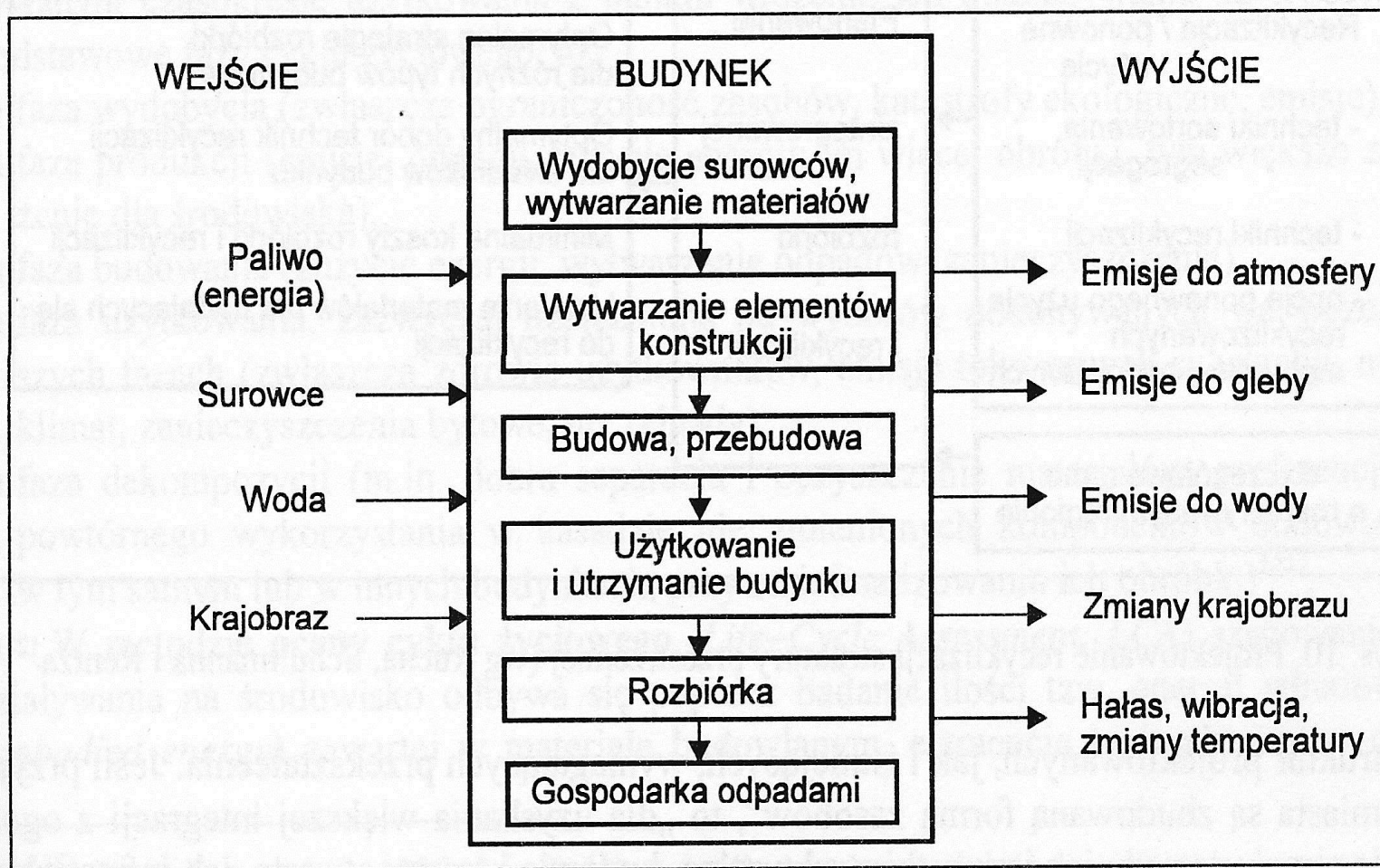


# M&E SYSTEMS





# Cykl życiowy budynku



Rys. 8. Współdziałanie struktury przestrzennej i jej otoczenia  
(wg Hanne Krogh i Klause Hansena<sup>125</sup>)



Zapoleti.

Achorij.

Aneimolij.

Macarenfès.

# VTOPIAE

TYPVS, EX

Narratione Raphaelis Hythlodaei,  
Descriptione D. Thomae Mori,  
Delineatione Abrahami Ortelii.

ME  
RIDI  
ES



NOBILISS. VIRO: IO: MAT:  
THEGO WACKHERIO A WACK:  
ENFELS SAC. CAES. MAT. CONSILIARIO:  
ET EPI WRATISLAV. CANCELLARIO.

Amico optatissimo

Ab. Ortelius delineavit. I. M.

### AD SPECTATOREM.

En tibi deliciae mundi; oppida ecce bestia!  
Quis melius, quis ad pulcherris orbis habet.  
Hic illa Virginia est; ara pacis; nihil Amoris,  
Iustitiae, ac fœderis portus et ara boni.  
Lauda alius terras; glanc ubi qui seget. Istis  
Nil melius fœca est Vna bestia loco.

I. M. W. à W. f.

Lithogr. Raphael. Delineavit. Thomae. Abrahami  
Ortelii. In fine sig. etc.

SEPTEMBRIO.